

ORIENT'ALP

world dance festival 22-24 mars 2024

ADULT WORKSHOP PROGRAM





PROGRAMME

22-24 Mars 2024

/endredi 22 mars

"Drum-a-Licious" Illina Carlano 12h00 - 14h00

Yoga Morning wake up avec Noémie Kung

8h00 - 9h00

Samedi 23 mars

14h15 - 16h15

14h15 - 16h15

Nadia Saba

Flamenco Fusion Pablo Acosta

Danse Consciente

Egypte Pharaonique Les soeurs tribales

> Kaouther Ben Amor 16h30 - 18h30

> > **Grazia Manetti**

16h30 - 18h30 "In my room"

Kaouther Ben Amor

11h30 - 13h30

Poésie des Bras

13h45 - 15h45 Pablo Acosta

9h30-20h00

Opening: danse des lumières

16h00 - 18h00

Sensational Shargi Illina Carlano

Vintage Retro-Chic

Cinzia Di Cioccio

16h00 - 18h00

20h15-23h00

Dimanche 24 mars

Pranamaya avec Roberta Euler 8h30 - 9h20

Bollywood Fusion 9h30 - 11h30 Sneha Mistri

Danse Orientale pour

débutantes

Roberta Euler

9h15 - 11h15

9h15 - 11h15 Fusion

Fusion contemporaine

11h45 - 13h45

Noémie Kung

9h30 - 11h30

11h45 - 13h45 Illina Carlano Combination

Tribal : Maîtriser le Dialect FCBD® Style Tourbillon Francesca Pedretti de la Jupe

13h50 - 14h50

Technique innovante

Exploration 4.0

Choré semi-classic

Sneha Mistri

11h30 - 13h30

Amina Laforce

Danse Uyghur

13h45 - 15h45

Initiation à la danse Orientale pour débutantes Roberta Euler

Conte dansé: Poussière d'étoile

Grand Gala de danses du Monde

15h30-16h40

PROGRAM FRIDAY 22ND OF MARCH



JILLINA CARLANO

"Drum- a- Licious"Fr 22 March 12h00-14h00

Level intermediate to advanced dancers.

Immerse yourself in the enchanting world of "Drum-a-Licious," a percussion solo under the masterful direction of the renowned Jillina Carlano. This musical journey will illuminate a palette of complex hip techniques, various types of shimmys, while inviting you to take on the exciting challenge of mastering body isolation.

Let the magic of percussion carry you away, blend with the enchanting rhythm, and explore the harmonious fusion between movement and music. Dive into the art of controlling every movement of your body and discover how to translate music through a dance full of finesse and dynamism, guided by the unparalleled virtuosity of Jillina Carlano. Prepare for a rhythmic journey where each beat becomes an expression of your art, uniting the power of percussion with the grace of dance. "Drum- a- Licious" offers a unique opportunity to transcend skill levels.

PABLO ACOSTA

Fusion Flamenco Oriental

Fr 22 March 14h15 - 16h15

Level intermediate to advanced dancers.

Immerse yourself in a captivating dance workshop that combines the enchanting sensuality of oriental dance with the fiery passion of flamenco. Guided by Maestro Pablo Acosta, explore the synergy between these iconic styles. Learn to integrate the fluidity of oriental dance with the powerful rhythm of flamenco, discovering basic techniques, creative combinations, and choreographic sequences.



Whether you're passionate about oriental, flamenco, or both, embrace artistic diversity, explore new boundaries, and unleash your creativity in this immersive fusion dance experience.



NADIA SABA

Inner Awakening through Conscious Dance: A Meditative and Empowering Journey

Ve 22 mars 14h15-16h15

Level: Open to all dancers

Embark on a transformative journey deep within yourself with this unique workshop designed to awaken your inner being. Begin with a guided meditation, fostering a profound self-awareness, followed by a brief yet invigorating warm-up incorporating

yoga exercises to harmonize the mind and body. Engage in a series of carefully crafted exercises to establish an optimal connection with your body. The goal of this course is to cultivate an experience of conscious dance, where participants free themselves from overthinking, judgments, and appearance-related concerns. Discover the power of unrestricted movement, with explorations such as dancing with closed eyes, unlocking new dimensions of self-expression. Nadia's aspiration during this workshop is for participants to leave with increased self-esteem, inner serenity, and body awareness. Join us in this exploration of self-discovery and empowerment, and let dance be your path to a renewal of freedom and inner strength!



KAOUTHER BEN AMOR

Baladi

Fr 22 March 16h30 - 18h30

Level intermediate to advanced dancers.

The Baladi, an essential jewel in the popular repertoire of oriental dance, reaches unparalleled heights under the artistic direction of Kaouther Ben Amor, a globally sought-after figure. On stages worldwide, she injects an innovative touch into this dance while preserving its profound authenticity.

Her unique style, appreciated by both audiences and peers, proves to be an exquisite fusion of playfulness, mischief, femininity, and overflowing joy. In this captivating workshop, immerse yourself in an experience that combines technical approach and cultural immersion, guided by a seasoned artist. Throughout this enchanting exploration, you will unravel the subtleties of Baladi through a blend of technical and cultural insights, culminating in a mini-choreography that transforms each movement into an artistic expression filled with playfulness and grace. Join us for a journey where cultural heritage intertwines with artistic innovation, giving rise to a dance that is as captivating as it is unforgettable.

GRAZIA MANETTI DES SŒURS TRIBALES

"In my room"

Fr 22 March 16h30 - 18h30

Level Open to all dancers

I let my imagination run wild, looking at the future through the glass of my room. I chase my dream and it has the outline of your face; I move my steps and the impossible becomes possible. This dream world through your bones becomes a force of fire in my dance. Tribal Fusion workshop exploring new forms of liquid movement. Fluidity and isolation will be its central movements.



OPENING: DANSES DES LUMIÈRES

Fire & light show open air show on the village square

Fr 22 March 19h30

Free access will happened according to the weather forecast



PROGRAM SATURDAY THE 23RD OF MARCH



NOÉMIE KUNG

Yoga Morning Wake up

Sa 23 March 8h00-9h00

Open to all

Immerse yourself in well-being with Noémie, who will guide you through a soothing Vinyasa yoga session designed to harmonize your entire body in preparation for an upcoming day of dance. She will share some gems from her practice, preparing you both physically and mentally for the workshops ahead.





LES SOEURS TRIBALES

ANCIENT PHARAONIC EGYPT Black&Gold Diva

Sa 23 March 9h15-11h15

Level: basic knowledge of oriental dance

Enjoy a workshop with three teachers from the Tribal Sisters: Grazia Manetti, Cinzia di Cioccio, and Francesca Pedretti. Join us for an exceptional workshop with these talented instructors as they guide you through a playful experience blending tribal dance, fusion, and oriental dance, all inspired by ancient Egypt. Immerse yourself in an intoxicating mix of three distinct pop songs, each



Get ready to immerse yourself in the magic of Pharaonic Egypt, where dance becomes a vibrant and elegant celebration. An unforgettable experience awaits, blending history, enchanting movements, and artistic creativity. Don't miss this unique opportunity to evolve alongside our exceptional teachers in the splendid setting of ancient Egypt.

ROBERTA EULER

Oriental Dance Class

Sa 23 March 9h15-11h15

Level: From beginner to intermediate dancers.

Immerse yourself in the enchanting world of Egyptian oriental dance during this two-hour workshop designed for beginner and intermediate dancers. Explore authentic techniques and master basic baladi combos, merging grace and energy into a choreography. An immersive experience to refine your artistic expression.





KAOUTHER BEN AMOR

Poetry of the Arms

Sa 23 March 11h30-13h30

Level: Basic knowledge of oriental dance

Arms transcend mere details in dance. They serve as frames, extensions, strength, fluidity, and gentleness that unveil the essence of the posed universe. In the hands of Kaouther Ben Amor, they become pure poetry and an essential element of her expressive style that has made her famous. Welcome to an exceptional workshop led

by the talented Kaouther Ben Amor, where each movement becomes an ode to the poetry of the arms. Explore the captivating art of bringing every gesture, every rhythm to life through the expertise of an artist who has crafted her own expressive language. Arms, more than mere limbs, become revealing brushes of the danced universe. Learn to use them as sublime frames, playing with extension, strength, fluidity, and gentleness to unveil the very essence of your artistic presence. Through exercises, demonstrations, and choreographic explorations, dive into a world where each movement becomes a poetic manifestation of emotion and authenticity.

Whether you are a novice or experienced dancer, this workshop offers a unique opportunity to refine your body language under the guidance of a master in the art of expressive dance.

SNEHA MISTRI

Semi-Classical Bliss: A Lyrical Journey into Indian Dance

Sa 23 March 11h30-13h30

Level: intermediate to advanced dancers.

Embark on a captivating workshop where Sneha Mistri seamlessly blends lyrical choreography with classical techniques, creating a beautiful fusion of tradition and expression. Explore the nuances of semi-classical grace, focusing on intricate

arm and hand positioning. Whether you're a seasoned dancer or new to Indian dance, join us for a celebration of movement, tradition, and the lyrical allure of semi-classical expressions guided by Sneha's expertise. Immerse yourself in this mesmerizing dance experience.





PABLO ACOSTA

"Saidi": A Vibrant Exploration of Egyptian Folkloric Dance

Sa 23 March 13h45-15h45

Level: intermediate to advanced dancers.

Immerse yourself in the vibrant heritage of Saidi during an unforgettable workshop led by Maestro Pablo Acosta, inviting you to discover the dynamic energy of Saidi dance. At the heart of this captivating workshop, explore the iconic use of the stick

in Saidi dance, discovering how this prop becomes a natural extension of the body, adding a dramatic and powerful dimension to your performance. Also, enjoy an immersion into the enchanting rhythms of Saidi music, deepening the connection between movement and melody. Whether you're a passionate dancer of Egyptian dance or eager to explore the rich traditions of Saidi, this workshop offers a unique experience under the expert guidance of Pablo Acosta.



AMINA LAFORCE

Uyghur Dance

Sa 23 March 13h45-15h45

Level Open for all

Uyghur Dances at Orient'Alp for the First Time. The Uyghurs were one of the largest Turkic peoples who remained in Central Asia for the longest time. Records show that Uyghurs have a history of over 4000 years. Situated along a section of the legendary Silk Road, the Uyghurs played a significant role in cultural exchanges between East

and West, developing a unique culture and civilization. Uyghur culture is a rich way of life centered around family, food, dance, and music. Uyghur architecture, especially their religious architecture, is intricate and reflects a glorious past. Uyghur religion also played a major role in their culture, evolving through several transitions, including shamanism, Manichaeism, Buddhism, and even Christianity, before Islam became the predominant religion. Each religion has left an indelible mark on the richness of Uyghur culture. Uyghur communities were generally based in oases or fertile valleys, cultivating grains and fruits. The strategic importance of these oasis bazaars allowed many Uyghurs traders to become key intermediaries for caravans on the Silk Road, between East and Europe. Today, more than 9.3 million Uyghurs live in the Uyghur region of China. Some major cities in the east and south of China also have small Uyghur communities. Several hundred thousands Uyghurs live in communities worldwide, including Kazakhstan and Uzbekistan, Turkey, Europe, North America, and Australia.

Uyghur dances demonstrate diligence, courage, openness, and optimism. Uyghur folk dances are distinguished by head and wrist movements. Their intelligent coordination is enhanced by the typical posture of a tilted head, pushed-out chest, and stretched waist. Dances, especially Sanam, express the feelings and character of this people.

The class begins with approximately 30-40 minutes of a short presentation of Uyghur culture, yes! She will bring her ethnic identity, the traditional dressing costumes& jewelry from the Uyghurs back to 100years ago to Orient'Alp! Let's dance Uyghur!

focus on the hands&feeds with a drill followed up by a little combo to crate very interesting, energetic lovely short Choreography for you to use in the future for performances or any other celebrations .

(For the class any kind comfortable dance training clothes are easily can be worn, but large long skirt most need it).

JILLINA CARLANO

Sensational Sharqi

Sa 23 March 16h00 - 18h00

Level intermediate to advanced dancers.

It's time to energize your Sharki with Jillina Carlano. Dive into a captivating choreography brimming with exciting steps beautifully woven with expression and technique. Let yourself be carried away by varied rhythms while exploring rich instrumentation, guided by Jillina's exceptional talents. This exclusive choreography becomes a unique gem to add to your repertoire, offering an unparalleled experience of Sharqi dance under the direction of a globally recognized expert.



Join us for a total immersion into the enchanting world of Sharqi, where Jillina's passion blends with sensational movements, creating a choreography that transcends the boundaries of artistic expression. This unique opportunity for advancement, provided by a dance icon, promises to enrich your artistic journey. Don't miss this chance to groove to the rhythm of Sharqi with Jillina Carlano and add an exceptional touch to your movement palette.

CINZIA DI CIOCCIO TRIBALES



Vintage and Retro-Chic Bellydance Fusion

Sa 23 March 16h00-18h00

Level: Basic knowledge of oriental dance

Experience a refined stylization of classic Tribal Bellydance, gracefully merging with Charleston, Swing, Lindy Hop, and other retro dances. An aesthetic, musical, and expressive inspiration from the past comes to life in the present to be cherished once again. The concept of time is intrinsically linked to vintage and retro-chic, invoking something unique, more precious with time, belonging to bygone eras, decades, and

fashions compared to our current time. These vintage styles embody craftsmanship and passionate fervor: dance becomes a work of meticulous research, exploring music, movements, costumes, and accessories.

With Vintage and Retro-Chic, Tribal Bellydance comes alive, creating new expressions of femininity and personality. An artistic journey that transcends time, this enchanting blend is perfect for dancers with a strong foundation in oriental dance, ready to explore the unique horizons this fusion offers. A timeless tribute to grace and individuality at the heart of every movement.

WORLD DANCE GRANDE GALA SHOW

Salle du Zénith

Sa 23 March 20h15

It is highly recommended to book your place on www.orientalp.ch



Grand Gala Show























THE ENSEMBLE AMMURAH
LE BALLET KADUTHER BEN AMOR
LAZULYA
DERVISH DIVISION
TRIØ ALVA
SHARINEAS
DULCINEA
TEMPSDANCE ORIENTALE
BOLLYBANDIT
OBSIDIAN
PABLO SWISS CIE
ENSEMBLE RAJAS OASE
EL SHAMS

Informations & réservations: www.orientalp.ch

Samedi 23 mars 2024 | 20h15-23h00

Le Zénith à Château-d'Oex

Ouverture des portes à 19h30















PROGRAM SUNDAY THE 24TH OF MARCH



ROBERTA EULER

Pranayama Class Su 24 March 8h30-9h20

Level open for all

Discover inner serenity through our Pranayama class, a guided exploration of conscious breathing and the ancient art of breath control. Immerse yourself in a profound practice that will help you cultivate mindfulness, energy balance, and inner peace. Join us for a rejuvenating experience where you'll learn to channel your life

force through ancient breathing techniques. An inner journey toward mental clarity and physical well-being awaits you, guided by Roberta Euler. Open your mind, revitalize your body, and explore the transformative benefits of Pranayama while delving into the subtle art of breath in this workshop specially designed for beginners. Harmonize energy and fluidity, discover a new dimension of connection between body and mind—an enriching experience to complement the physical practice of dancers.

SNEHA MISTRI

Bollywood Fusion

Su 24 March 9h30-11h30

Level open for all

Dive into the enchanting world of dance with Mistri's Fusion Bollywood Workshop! Join us for an exhilarating experience that seamlessly blends the vibrancy of Bollywood with a fusion of folk and modern styles, curated to create a unique and expressive dance form.



Sneha Mistri, an acclaimed choreographer, will guide you through upbeat choreography that transcends traditional boundaries, infusing the rich tapestry of folk elements with contemporary flair. Feel the pulsating rhythm and let the infectious energy of Bollywood dance courses through your veins.

In this workshop, you'll discover the joy of expressive and dynamic movements, unlocking your inner dancer. Mistri's expertise and passion for blending traditional and modern dance styles will make you feel like a Bollywood star on the stage. Immerse yourself in the beauty of fusion, where each step tells a story, and each movement is a celebration of cultural diversity and artistic innovation. Whether you're a seasoned dancer or a beginner, this workshop promises to be a journey of self-expression, joy, and a celebration of the vibrant spirit of Bollywood. Come, join us, and let the magic of Fusion Bollywood transport you to a world where every dance step is a celebration of life!



NOÉMIE KUNG Contemporary Fusion

Su 24 March 9h30-11h30

Level: open for all

Contemporary Fusion 'Tools of Fusion': In these two hours of artistic exploration, dive into the exciting world of two dance styles dear to Noémie: contemporary dance and Tribal Fusion Bellydance. You'll have the opportunity to savor a glimpse of these styles through iconic movements and exercises from each, such as isolations and

floorwork, graceful work on the floor. Next, we embark on a journey in search of a harmonious marriage, a fusion of these two styles.

Through various improvisation tools, we will explore our dance, seeking how to make the movements and concepts our

JILLINA CARLANO

Combination Exploration 4.0

Su 24 March 11h45-13h45

Level intermediate to advanced dancers

Learn exciting dance combinations to add to your repertoire. Explore technique and innovative floor patterns to various rhythms and tempos.

Level: intermediate to advances.



FRANCESCA PEDRETTI DES SOEURS TRIBALES



FCBD®Style skirt dialect dance workshop

Su 24 March 11h45-13h45

Level open for all

Come and join us for an exciting FCBD®Style skirt dialect dance workshop! We will be immersed in the elegance and beauty of this dance form using skirts. We will explore movements from the slow and fast vocabulary to create a unique performance. It doesn't matter what your level of experience is, everyone is welcome! Remember to bring a 25-yard skirt to fully enjoy this experience.

We look forward to dancing together!

* You can buy skirt in our bazar in Roc et Neige hotel.

ROBERTA EULER

Introduction to Oriental Dance for Beginners

Su 24 March 13h50-14h50

Level: Free class for beginner

Explore the grace and sensuality of Egyptian oriental dance in this one-hour introductory class. Immerse yourself in the enchanting world of this ancient dance, discover bewitching movements, a vibrant culture, and captivating artistic expression. A sensory journey to awaken your passion for Egyptian oriental dance.



DANCE TALE: STARDUST

Salle du Zénith

Su 24 March 15h30

It is highly recommended to book your place on www.orientalp.ch

Conte Dansé Poussière d'étoile







Informations & réservations: www.orientalp.ch

Dimanche 24 mars 2024 | 15h30-16h40

Le Zénith à Château-d'Oex

Ouverture des portes à 15h00













